Lunch Menu

Pollo grigliato £8.95
Grilled chicken breast marinated in citrus juices & olive oil, served with chips

Insalata di tonno £7.95
A tuna salad with rocket & tomatoes, dressed in basil olive oil

Insalata tricolore (V) £7.95
Buffalo mozzarella, tomatoes & avocado dressed with olive oil & fresh basil

Insalata tropicale £7.95
Diced pineapple, mixed lettuce, shrimps & carrots dressed with an apple & olive oil vinaigrette

Insalata di salmone £7.95
Smoked salmon salad with rocket, spring onions, olives & slices of apples dressed in olve oil & balsamic vinegar

All the above salads are served with toasted bread

All pasta dishes & pizza from the list below are served with a side dish for £8.95

Mezze maniche al salmone
Small pasta tubes cooked in a light cream & tomato sauce with smoked salmon

Mezze maniche con gamberoni e zucchine
Small pasta tubes cooked in a courgette puree with shrimps, white wine & olive oil

Mezze maniche arrabbiata
Small pasta tubes cooked in a spicy tomato sauce

Spaghetti Bolognese
Spaghetti cooked in a slow cooked tomato sauce with minced beef

Spaghetti carbonara
Spaghetti cooked in a cream & black pepper sauce with pancetta

Linguine con tonno
Linguine pasta with tuna cooked in a white wine sauce with onions, garlic & extra virgin olive oil

Pizza
Create your own pizza with a maximum of 3 toppings
Choose from the following:

Mushrooms, olives, peppers, courgettes, aubergines, onions, sweetcorn, pineapple, ham, tuna, anchovies, salami, artichokes, rocket, capers, egg & cherry tomatoes

Please ask what side dishes are available with your pasta or pizza